

# Joseph Todorovitch's Long-Pose Narrative Figure Painting Materials List

## Oil colors:

Joseph typically uses *Michael Harding's* brand oil colors.

There are many economical brand equivalents:

→ Gamblin, Windsor, Newton Artists Oil Colors (NOT Winton), Grumbacher, etc.

- Titanium White
- Lemon Yellow
- Yellow Ochre
- Bright Yellow Lake or Cadmium Yellow light
- Cadmium Red
- Vermillion Rembrandt brand)
- Alizarin Crimson permanent (Gamblin)
- Transparent Oxide Red (or burnt sienna)
- Cobalt Blue
- Ultramarine Blue
- Viridian
- Ivory black

Other colors of your choice are optional. Joseph personally added:

- Unbleached Titanium White
- Kings Blue light
- Crenmnitz White
- Brilliant Pink

\*Make sure you're using "Artist" Grade Paint NOT "Student" Grade\*

## Joseph suggests:

- Linseed or walnut oil painting medium **or** Gamblin's solvent free mediums
  - Gels work fine
- Odorless mineral spirits
  - Gamsol brand
- Sealed containers for mediums and solvents
- A roll of paper towels
  - Viva brand works well

### Brushes:

Brushes are a personal choice, but Joseph recommends:

- A variety of sizes ranging from 1 to 12
- “Hog Bristle” brushes and some “Sables”
- Rosemary, Trekell, DaVinci Maestro2 brands
  - “Excellent” but not necessarily required
- A few sizes of palette knives
- Some type of palette
  - Preferably glass with neutral grey beneath it
- Glass scraper

### Canvas:

Joseph recommends:

- An oil primed “Portrait linen” of some sort with a fine weave
  - The size should be between 20x24 to 24x30 for the 10 week pose
  - Jerry’s Art’o’rama Centurion brand linen
    - “They are relatively inexpensive and are a good quality to work on for practice”

### Easel:

“You need an easel of some sort. Being completely ready to paint is challenging, but a very important part of the organizing process of painting. If our materials aren't completely ready and conveniently available, the difficult task of making a good painting can be really tough! This stuff is hard enough with ideal conditions, so be disciplined and set your self up as best as possible to be prepared and comfortable during your creative time!”

-Joseph Todorovitch