

Mark Westermoe's Reilly Method Head Painting Materials List

Solvents and Essential Oils

- Mineral Spirits (Paint Thinner)
- Walnut Oil (Available at Most Grocery Stores)
- Linseed Oil

Color Oils and Acrylics

- Burnt Umber Oil and Acrylic
- Yellow Ochre Oil and Acrylic
- Alizarin Crimson and Acrylic
- Ultramarine Oil and Acrylic
- Black Oil and Acrylic
- White Oil and Acrylic (Large)

Brushes

- Synthetic Filbert Brushes (#1, 2, 4, 6)
- Synthetic Round Brushes (#1, 2, 4, 6)

Painting Supplies

- Mahl Stick
- Wax Palettes
- Butcher Tray
- Wax Color Pencils (Colors to be Explained in Class)
- Palette Knife
- Kneaded Eraser
- 16x20 Canvas or Board
 - Mark Recommends: Fredrix Brand Stretched Canvas

Other Supplies

- T-shirt Rags (Cotton)
- Cotton Q-Tips
- Kleenex
- Paper Towels
- Container (For Solvents)

Mark Westermoe's Reilly Method Head Painting Outline

"Often the success or failure of a painting is determined by the quality and usefulness of its earliest stages."

-Mark Westermoe

This course is intended to instruct painting students in basic techniques for head studies.

- 1) The term will start with an underpainting
(A monochrome, transparent oil painting using burnt umber)
- 2) Then, Mark will paint on top of that transparent painting with
opaque color using a limited palette
- 3) The next week, Mark will paint opaquely once again, but in monochrome
It is important to learn good value control when learning to paint in color

After that, you will learn:

- 4) How to do a painting from scratch
 - a) Direct painting (not an underpainting)
 - b) With a limited palette (similar to that of Diego Velázquez)
- 5) How to do a painting from scratch using acrylic painting
(With a somewhat limited palette)
- 6) How to do a painting of the head in gouache (opaque watercolor, 2 week demo)

Then, Mark will summarize all the techniques learned in class for the final week(s).

Mark uses these same techniques in his professional work, so you will find them useful
regardless of where you are going with your art!